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EST. 1976



Posters with a crime-fighting message



A CAMPAIGN aiming to make residents more aware of crime reduction in Barking and Dagenham has been backed by the council.

The initiative, launched by the Metropolitan Police, has seen a number of advertisements put up at bus stops, rail stations and phone boxes across the borough to inform the public about the work that the police are doing in their area.

Councillor Laila Butt, cabinet member for crime and enforcement, said: "This campaign sends out a number of messages to residents to let them know about crime in their area and what is being done to tackle it.

"There are a number of general messages but also ward specific ones.

"Barking and Dagenham is a safe place and crime continues to reduce and we will continue to work with the police to maintain this reduction and reduce crime further.

"We want our borough to be a welcoming place and will continue to work in partnership with the police and residents to keep it so."

STALKER CAGED

A MAN has been jailed after he attacked women in their own homes.

Emmanuel Ndegwe, 35, of Hunsdon Close, Dagenham, had previously pleaded guilty to two counts of trespass with intent to commit a sexual act and one count of stalking and causing fear of violence.

The offences happened at properties in Lambeth and Southwark in 2013 and 2014.

Detective Inspector Tracey Miller said:

"Ndegwe attacked these women in what should have been the safety of their own homes.

"I would like to praise them for the bravery they have shown throughout the course of this investigation. There is the possibility that Ndegwe may have attacked other women, so I would urge anyone who suffered at his hands to contact officers."

Ndegwe was sentenced to a total of six years' jail at Inner London Crown Court on Tuesday.



SENTENCED: Emmanuel Ndegwe

For more news, features and sport, visit www.yellowad.co.uk

Yellow Advertiser

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Sugarcraft, cake and bake show giveaway

We have teamed up with the organisers of Cake International – The Sugarcraft, Cake Decorating and Baking Show to offer 20 lucky *Yellow Advertiser* readers a chance to win a pair of tickets to this fantastic event.

The show at ExCel in London's Docklands, from March 27-29, features more than 100 exhibitors offering the latest ideas, supplies, demonstrations and workshops from industry experts.

With her red carpet glamour, cake decorating expert Mich Turner will open the show, accompanied by master chocolatier, Will Torrent.

They will be appearing throughout the show to share their expertise in the Cake International Theatre with live demonstrations.

They will also be on hand to offer their top tips and advice in Q&A sessions and in the Authors' Kitchen.

Great British Bake Off star Edd Kimber will be demonstrating his techniques each day of the show in the Cake International Theatre and sharing his delicious delights and passion for all things cake with thousands of visitors over the three days.

To win a pair of tickets, valid for any one day of the show, just answer the following question.

Q: Which female cake decorating expert will be opening Cake International – The Sugarcraft, Cake Decorating and Baking Show this year?

A: Mich Turner

B: Edd Kimber

C: Will Torrent

To enter the competition telephone your answer – A, B or C – to (0901 307 1666) along with your name, address, telephone number and email.

Alternatively text YACAKE (space) followed by A, B or C, and your name, full address and email to 63333.

Calls cost 51p from a BT landline. Calls from other networks may vary and from mobiles will cost



Picture © Daniel Graves
Photography 2014

considerably more.

Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, please text EXIT at the end of your message. Lines close on Thursday, March 19.

Entries received after the closing date will not be counted but may still be charged. Service Provider: JMedia UK Limited, SW4 7BX. Tel: 020 7720 7130.

For further information and to enjoy 50 per cent off tick-

et prices* visit www.cakeinternational.co.uk or call the ticket hotline on 01425 277988 quoting offer code LC15.

Find out more by following Twitter @thecakeshows or via Facebook – Cake International. T&Cs: Travel and expenses costs to and from the venue are not included in the prize. *Cannot be used in conjunction with any other offer. Ticket has no monetary value. Discount only applicable on full price of adult and senior tickets bought by 5pm on Monday, March 23, for Cake International, Excel, London, March 27-29, 2015.

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Police hit the streets to boost public confidence

By Michael Cox

barking@yellowad.co.uk

POLICE officers are knocking on doors in a new scheme to meet residents and help improve public confidence in the force.

The Street-a-Week initiative was launched in October to boost flagging confidence in the force.

Ward officers and their teams visit every house and business in a designated street each week to give crime prevention advice and make people more aware of how they can get involved with police.

It also gives people the opportunity to talk to officers about concerns they may have with crime and antisocial behaviour.

Chief Inspector Martin Kirby, who is in charge of neighbourhood policing in Barking and Dagenham, said: "Everybody has been very positive about it. For me it is partly about improving our visibility and also erasing the perception that people have that police officers are just not out there,



SQUAD: Chief Insp Martin Kirby, left, Sgt Gary Routh, PCSO Sue Walker and PC Aimee Green Photo by Martin Dalton

because we are more visible than we have ever been."

Confidence levels are slowly rising, with the Met Police's public attitude survey showing that overall public confidence in police in Barking and Dagenham was up by one per cent to 55 per cent between October and December 2014.

But it is below the overall average

for London and Mr Kirby was unable to explain why public confidence is not higher.

He said: "It is very difficult to put our finger on, particularly as we have had some very strong figures in crime reduction.

"People think that this borough is more affected by crime than it actually is. The fear of crime is as

debilitating as the crime itself. So it is important that people are given the accurate information about the crime in their areas."

Latest figures show that only 60 per cent of residents felt that the police understand the issues that matter to the local community.

But Mr Kirby said police are encouraging people to join Neighbourhood Watch schemes, contact a Safer Neighbourhood Team and attend ward panel meetings.

The police hold Open Days, the latest of which was in Dagenham on Saturday. He hopes these will boost the community's engagement with their police and build on the success of Street-a-Week.

Mr Kirby added: "It is going very well at the moment and we have had some really good engagement. But it will take a long time to go from start to finish."

Anyone who wishes to get involved with a Neighbourhood Watch scheme can contact police at kgnhw@met.police.uk.

Girl praised by fire officer for saving mum's life in house blaze

A CHILD has been praised for saving her mother's life after a fire at their family home.

The girl woke up her sleeping mum in Ilchester Road, Dagenham, after smelling smoke in the property, which did not have a working smoke alarm fitted.

They left the house before the fire crews

arrived and were treated for burns and smoke inhalation by paramedics before going to hospital.

The blaze on 11.40pm on Monday destroyed most of the first floor of the house, as well as part of the roof. It is believed to have been started by a candle, but is still being investigated.

Watch manager Jason Oliff said: "The young girl undoubtedly saved her mother's life by waking up her mum despite the smoke and flames around her mother's bed."

"The house didn't have a working smoke alarm and so if the girl hadn't woken up, this story could have had a very different ending."

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• LEYTON Forest Sixth Form College has been rated as the second best in London for pupils taking A-levels, according to the latest league tables released by the Department for Education.

Principal Kevin Watson said it was "hugely pleasing" that the college was "more than holding its own with its counterparts across all corners of London."

• REDBRIDGE community members have been awarded for their contributions at special ceremony.

Allan Neat, of A and C Fruiterers, Dr Winston Solomon, David Backhouse, Roger Backhouse, Sue Cunningham, Audine Brandford and Isabella Field were recognised at the Mayor's Community Awards on Monday evening at Redbridge Town Hall.

Groups that also received accolades included Redbridge Asian Mandal, Dera Sacha Sauda UK and the Friday Evening swimming group

Leaders gave sex attacker reference when he entered church

Paedo priest in scouts link

EXCLUSIVE

By Matthew Stanton

waltham@yellowad.co.uk

A CATHOLIC priest given a reference from scout leaders has been found guilty of indecently assaulting a boy.

Father Anthony McSweeney, who worked for The Diocese of Brentwood during the 1990s, was found guilty at Southwark Crown Court on Friday, February 27.

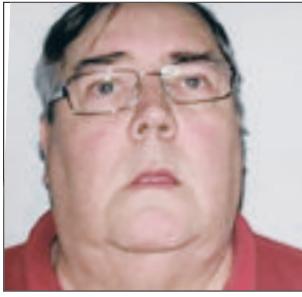
The jury found he indecently assaulted a boy under the age of 16 between

January 1, 1979, and July 31, 1981.

The 68-year-old, now of Old Brighton Road North, Crawley, West Sussex, was also found guilty of making a quantity of indecent photographs of children on or before January 15, 2013.

McSweeney was involved with the scout movement in the 1970s and 1980s having visited the base of the Scout Association at Gilwell Park, in Rangers Road, Chingford.

He received a reference from the Scout Association just before he became priest of a seminary in Guildford



ABUSER:
Father Anthony
McSweeney

in 1978.

He went on to work for both Diocese of Brentwood and the Diocese of East Anglia before he was exposed

Acting Detective Chief Inspector Keith Braithwaite, from the Sexual Offences, Exploitation and Child Abuse Command, described McSweeney as an abuser who "used his role in a position of trust".

He said: "I would also like to pay tribute to the courage of the victim in speaking out against McSweeney.

"It was that testimonial that secured the charges and enabled this case to be brought to court.

"I am only sorry that McSweeney in denying his offences has forced the victim to relive the experience in court.

"I hope, however, that the result will give the victim some sense of closure."

In the late 1970s, McSweeney was offered a role at the home and it is here the offence was committed.

Stingemore, who worked there as the officer in charge.

Stingemore was also charged with a number of offences in connection with the investigation and was due to stand trial alongside McSweeney, but he died at his home in East Sussex on January 14 this year.

McSweeney worked at the children's home on an ad hoc basis as a "helper" and was never formally employed by Richmond-upon-Thames Council. This role brought him into contact with the young boys who resided at the home and it is here the offence was committed.

McSweeney was found not guilty of three counts of indecent assault on a boy under 16 and one indecent assault on a boy under 16 between January 1, 1979, and July 31, 1981.

He is due to be sentenced on Friday, March 27, at Southwark Crown Court.

FACT BOX

OPERATION Fernbridge is the full criminal investigation into allegations that arose from Operation Fairbank.

McSweeney became the first person to be convicted under the Met Police's operation.

The conviction follows investigations of alleged abuse at both the Elm Guest House and a Richmond Council children's home called Grafton Close.

Teen accuser told:
'Don't be so stupid'

THE SCOUT Association has stated it always refers child abuse allegations to police.

It follows reports that a child had complained about McSweeney while he was at Gilwell Park Scout Centre, in Rangers Road, Chingford.

Court documents presented to the jury at Southwark Crown Court stated that the 15-year-old was referred to a deputy warden in August 1976.

The teen claimed McSweeney made inappropriate comments to him in a communal shower.

The prosecution's opening notes described to the jury how the deputy warden told the boy "not to be so stupid" and "not make trouble".

A Scout Association spokesman claimed the charity was only told about the complaint following the police investigation into McSweeney in 2012 – 36 years later.

A spokesman said: "We first became aware of the assault allegations against young people when the police raised the matter with us during their recent investigations.

APPEAL

The Metropolitan Police Service has urged anyone who has been affected by or has information about activity in the early 1980s at the Elm Guest House or the Grafton Close care home in Barnes to speak to the NSPCC on the helpline 0808 800 5000, or their local police force.

Talent on parade

A TALENT show for young stars in Waltham Forest is out to spot fresh faces in the celebrity world.

Forest Has Talent, which aims to find up-and-coming entertainers, aged 11 to 25, is the being held at Priory Court Community Centre on Saturday, March 21.

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MAGIC: Mario Papademetriou started a Land Rover with the help of a potato
Photo by Martin Dalton



Starting problem solved with a spud

A GRANDFATHER has been hailed after helping a broken down motorist – using a potato.

Mario Papademetriou, from Chingford, won an internal competition run by rescue firm AA for innovation after he started a 1960s Land Rover with a spud.

He was called out to the vintage vehicle, which had failed to start on a farm in Hertfordshire because it had a faulty condenser, a part of the ignition system on older vehicles.

With no replacement part available the father-of-three used a skill he learnt growing up in Cyprus.

Mario, 59, said: "As the vehicle was on a farm, there were a lot of vegetables around, so I thought I'd try wiring up a potato with a couple of screws to act as a condenser."

"It was my first job in the morning. It was about 7am. Amazingly, it started instantly, so I followed the member to the garage and he said the vehicle had never driven so well. Sadly I

don't know what type of potato it was but it worked wonders."

Mario's first attempt using tin foil and silicone repair tape did not work, so he was faced with a broken down Land Rover 12 miles from the nearest garage.

The grandfather-of-two, who grew up in Xylofagou, known for its red potatoes, says spuds are not the only food to fix a car.

A raw egg can sometimes be cracked into a car's radiator to seal a leak, chewing gum can temporarily fix a windscreen seal and baking soda and warm water can help to clean battery terminals. Wine corks can also be used to fix water leaks.

Donald MacSporran, AA technical director, said: "Although vegetables are best left on the dinner plate, Mario's use of a potato was definitely a chip above the others – an excellent example of thinking outside the box, or should that be sack."

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Angelica is first Young Mayor

THE first ever Young Mayor for Barking and Dagenham has been formally unveiled.

Angelica Olawepo, from Barking Abbey School, was introduced to Barking and Dagenham's mayor Elizabeth Kangethe and leader of the council, Darren Rodwell, to begin discussions on how to use her role to support young people in the borough.

Angelica, 16, was elected by young people that took part in the Barking and Dagenham Youth Forum, with candidates having to be at least 14 years old and to have already spent one year on the forum.

She will act on the behalf of the young people in the borough, in lobbying ideas to the council and other organisations.

Angelica, who has already been involved in community work and charity fundraising, said: "I am determined to make a difference for young people and one of my main aims is to encourage them to engage with politics."

"Barking and Dagenham has taken a great step by creating this new role and I am honoured to be the first. I believe that young people across the borough will now see their views being taken seriously."



PIONEER:
Mayor of
Barking and
Dagenham Cllr
Elizabeth
Kangethe, left,
Young Mayor
Angelica
Olawepo and
council leader
Cllr Darren
Rodwell

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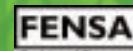
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Life-saving PC's top award

A POLICE constable who saved a man's life in Ilford has been given a humanitarian award.

PC Sean Murrell was commended with a Resuscitation Certificate after his intervention helped to keep a man alive after he had collapsed on August 2, 2013.

He was called to an incident in Wellsley Road at around 3.40pm with a colleague, where a man had collapsed and paramedics were giving him CPR.

PC Murrell cordoned off the scene for safety and privacy then noticed that the paramedic who was applying chest compressions was tiring. He

took over and continued with the attempts to resuscitate the man.

It didn't work initially and paramedics were in discussions about whether to stop the CPR.

But he persisted and eventually a pulse was found with the man being taken to hospital.

PC Murrell said: "I feel both privileged and honoured to receive this award."

"As police officers we are often called to incidents that require us to go above and beyond what we consider our limitations are and this was a prime example of this."

"I can honestly say though without

any reservations that police officers carry out acts such as this every day without consideration for achieving any accolade or recognition.

"I am very proud that my training and experience in the police service enabled me to keep a level head in such a situation and help this victim in the way I did."

Redbridge Borough Commander Sue Williams added: "I'm delighted that PC Murrell was recognised for his efforts in saving this man's life."

"My officers do amazing things each day not just to reduce crime but to keep the communities of Redbridge safe."



PRAISE: PC Sean Murrell is presented with his award by Met Police Commissioner Bernard Hogan-Howe and Mark Dumas from the Royal Humane Society

"A government broadband grant delivered superfast results"

Jake Powley, Director of Kinamo Films

Businesses can now get a grant of up to £3,000 to upgrade to a superfast connection. This pays for the installation costs; you just pay VAT and the monthly line rental. To find out more, visit connectionvouchers.co.uk

**BUSINESS
IS
GREAT**
BRITAIN

Local businesses urged: Act now to get a government grant to boost your business with Superfast Broadband

London businesses are being urged to act now to get a government grant of up to £3,000 to upgrade their internet speeds. And with the Government's rollout of superfast broadband predicted to create 20,000 jobs and add £6.3 billion to the UK economy a year by 2024, it's clear that businesses have a lot to gain.

Currently, London is one of only 22 cities where businesses are eligible to apply for connection vouchers worth up to £3,000 to boost their broadband.

There are now 3,672 businesses in London who have grants to upgrade thanks to the connection vouchers scheme. London is doing well, securing a good share of the 10,000 vouchers issued overall, but local businesses still have time to access their share of the funding.

Businesses like video production house Kinamo, based in Tech City, have already seen the benefits. Kinamo's business means that it is constantly uploading videos for its clients to review - and uploading again after each new round of editorial changes has been made. That's huge amounts of video data each week. "Our reaction time has to be really quick," explains Kinamo's other co-founder Phil Doherty. Kinamo used broadband connection vouchers to install a wireless solution which gave Kinamo a dedicated connection. "What had taken us eight hours to upload now took us ten minutes," says Doherty. "It was the perfect solution."



Ed Vaizey, Minister for the Digital Economy, said: "Thousands of businesses have already taken up their vouchers and are now enjoying all the benefits of a faster internet connection. I encourage all of London's businesses to do the same and ensure their business is properly equipped to meet the challenges of the digital age."

Superfast broadband will mean you can do business faster, contact customers more quickly and it'll be easier for you to keep up with and install the latest technology - future-proofing your business and making sure you can keep up with your customers' demands - and your competitors.

Each Voucher covers up to £3,000 of installation costs but businesses can also apply as a group to connect bigger or more complicated premises. Once installed, businesses pay the line rental and VAT.

To apply for a broadband grant is easy, businesses simply enter their postcode at www.connectionvouchers.co.uk to check eligibility, choose a supplier and fill in an application form or pick an off the shelf deal with no forms to fill in. Commercial landlords can also apply.



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Sun - 10.30am till 5.00pm



PARTY TIME: Children from Eden Christian Centre, Gateway Church and Ilford Seventh Day Adventist Church will be in the parade

Parade with eggstra special ingredients

REDBRIDGE is in for a cracker of an Easter with its now traditional parade and festival.

The event, managed by the British Pakistani Christian

Association, will take place on Monday, April 6, from noon until 6pm.

Activities on the day include a bouncy castle, free art workshop,

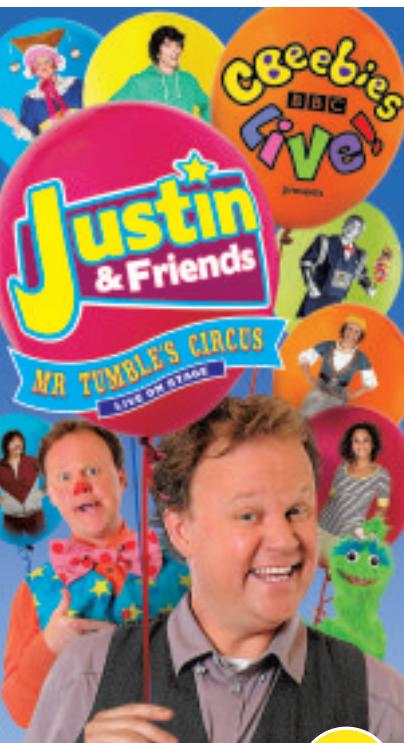
face-painting and an Easter egg hunt as well as music, drama and dance performances.

There will also be a week-long market and fair before the event in Ilford town centre between March 28 and April 5.

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20mm Stone
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10mm - 25 Kilo bag

Type One
Crushed Concrete

Road Planning
Play Sand

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what's on

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH. You can e-mail us at: letters@yellowad.co.uk PLEASE NOTE: We cannot guarantee that all entries will be included.
However, you can add the details of your event to our website at www.yellowad.co.uk

Saturday, March 14

■ Table Top Sales – St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, books, clothes, DVDs, refreshments, free entry, noon-3pm, cost per table from £8, to book call 07453 782726, allocated on first come first served basis.
■ Tennis – small friendly club in Ilford, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over-50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.
■ Garden Organically – Come and join our small friendly cooperative at Gale Street Organ Growers, Saturdays and Wednesdays, not just an allotment but a community garden, details 07815 500190.
■ Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead, Sat 10am-noon, Mon 6.45-8.45pm, Post-natal Yoga, Sat 12.05-1.15pm, 020 8923 6452.

Sunday, March 15

■ Ilford & District C.H.A Rambling Club – four-mile walk from Thames Gateway DLR Station, 11am, 020 8926 4593.
■ Strides Badminton Club – Wanstead Leisure Centre, Redbridge Lane West, 3.30pm, new members welcome, 18 years and over, all levels, details Mark 020 8598 8438 (before 9.30pm).
■ Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm, 07974 108350.
■ Sunday Services – Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
■ Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon, 01279 4159441.
■ Learn to Dance Modern Jive – Hainault Forest Community Centre, 7-10.30pm, 07768 005858.

Monday, March 16

■ Arts and Crafts – Unity Hall, Bramley Close, (off Oakfield Road), Walthamstow, friendly group for adults, 020 8527 1454.
■ Short Mat Bowls – Warren Heath Short Mat Bowls Club, Warren Junior School, Gordon Road, Chadwell Heath, 7pm, details Tony or Heather 01708 340874.
■ Music Listening Appreciation Group – Rectory Library, Rectory Road, Dagenham, 7pm, admission free, 020 8592 8821.
■ Rehearsals – Redbridge Ladies Choir, Palmer Catholic Academy, Seven Kings, 7.45-9.15pm, new members welcome, 020 8551 9895.
■ Rehearsal – The Roding Players Orchestra, Roding Valley High School, Alderton Hill, Loughton (opposite the Underground station), 7.15pm, new members welcome, 020 8505 4329.
■ The Forest Highlanders Pipes and Drums – St Cedd's Church, Seven Kings, 8pm.
■ Bingo – Friday Hill Community Association, Conney Burrows Community Hall, Friday Hill, E4, 1.30pm.
■ Multi-denominational healing – Redbridge Healing Centre, IRDSA Hall, Craven Gardens, Barkingside IG6 1PS (next to public car park, Fullwell Cross roundabout), 7-9pm, no charge, donations welcome, 07971 536581.
■ Yoga Classes – The Peterhouse Centre, Walthamstow, 1-3pm and at Tiptree Community Hall, Barkingside, 7.30-9.30pm, call Kay Russell 020 8554 7168.

Tuesday, March 17

■ Parkside Stroke Club – Parkside Community Centre, Goodmayes Lane, 1.30-4pm, 020 8595 3973.
■ Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, 10am, games, videos, friendship, all welcome, 020 8599 1479.
■ Barking and Dagenham Plus – The White Horse Inn, 118 High Road, Chadwell Heath, ages 18-35, 9pm, free trial membership, details Joe 07958 669339.
■ Duplicate Bridge – Parkside Community Centre, (corner of Goodmayes Lane and Longbridge Road) Barking, 1.30-4.30pm, no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
■ Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, 8-10pm, 020 7474 7926. Gilbert and Sullivan, songs from the shows, old time music hall.
■ Come Sing With Us – Pearl Hiller

Concert Choir, Gants Hill, 1.30-3.30pm, call Pearl 020 8554 1240.

■ Chadwell Heath Canasta Club – Chadwell Community Centre, High Road, Chadwell Heath, RM6 6AS, 7pm, all welcome, from beginners (we will teach you), 020 8599 6638.
■ Barking Road Runners – Barking Abbey School Leisure Centre, Woodbridge Road, 7.15pm, for experienced or fun runners, over 16 years 020 8594 4602.

■ Whist Drive – British Legion Club, Ilford, 7.45pm, 01708 555478.
■ Line Dancing – Walthamstow Trades Hall, intermediate 8-11pm, 07968 036373.
■ Circle Dancing – King Solomon High School, Barkingside, 8-10.30pm, no partners necessary, details 07956 592938.
■ Square Dancing – American Square Dance Club, Fullwell Cross Library, Barkingside, 8-10.30pm, beginners welcome.

■ Tea Dance – Woodward Hall, Woodward Road, Dagenham, mainly ballroom and Latin American, 2-4pm, 020 8592 8402.
■ Folk Dance – Redbridge Folk Dance Group, King Solomon High School, Forest Road, Barkingside, 8-10pm. 020 8559 8505 (eve).

■ Salsa Classes – Latin aboard the Tereza Joanne moored at King George V Dock, E16, 7.30pm, 020 7511 5000.
■ Fitness Classes – The Wesley Hall, Methodist Church, Loughton High Road, 10.30-11.45am, safe, fun, low impact, 020 8508 3346.

■ Sahaja Yoga Meditation – 1a Jewel Road, Walthamstow, learn to meditate, relax, de-stress, free, 7.30pm, beginners welcome, 07931 851954.

■ Yoga Classes – Redbridge Social Centre, rear of 188/190 Beehive Lane, Ilford, for beginners and mixed ability, 2-3.30pm and 7.30-9pm, 020 8550 0689.

■ St Francis Mother and Toddler Club – Evangelical Church, Fenceline Road, Barkingside, 1.30-3pm, adults £1, children free.

■ Duckling Club – Parent and Toddler Group, Ley Street Chapel, 367 Ley Street, Ilford, 10am-on, 020 8514 1255.
■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, details Ray Massey 020 8524 4289.
■ Friends Club – St Cedd's Church Hall, Blythewood Road, Seven Kings (opposite Homebase), 1-2pm keep-fit, 2-4pm bingo and snooker, 50p per session.
■ Redbridge Stroke Club – Loxford Youth Centre, 2-4pm, enquiries 020 8220 5878.

Wednesday, March 18

■ Talking Hands – club for the deaf and hard of hearing, 10.45am-2.45pm, York Room, Ilford Library.
■ Table Tennis – Forest Community, Guildford Road, Walthamstow, 8pm, details Ray Massey 020 8524 4289.
■ Friends Club – St Cedd's Church Hall, Blythewood Road, Seven Kings (opposite Homebase), 1-2pm keep-fit, 2-4pm bingo and snooker, 50p per session.
■ Redbridge Stroke Club – Loxford Youth Centre, 2-4pm, enquiries 020 8220 5878.

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BUSTY Caribbean lady who loves music, dance and singing, looking for nice older guy for mutual adult no strings fun times. Tel No: 0906 500 6358 Box No: 410305

JANE pretty size 12, loves going out socialising, countryside, meals out, looking for no strings fun, nothing heavy, give me a call if you are seeking similar. Tel No: 0906 500 6358 Box No: 410579

SUE optimistic divorced lady with OHAC, good job, enjoys meals out, cinema, countryside, pub lunches, looking for likeminded outgoing happy male, Tel No: 0906 500 6358 Box No: 410467

DEBBIE slim employed single with OHAC, loves holidays, travel, nice meals out, WLTM mature male who can make me laugh to enjoy good times together. Tel No: 0906 500 6358 Box No: 410767

KIRSTY blonde blue eyed size 12 nurse, enjoys cosy nights, driving, holidays, socialising, WLTM broad-minded male for adult fun. Tel No: 0906 500 6358 Box No: 409259

KATH blonde independent female, employed with OHAC looking for fun and laughter with likeminded nice easy going male, any age. Tel No: 0906 500 6358 Box No: 407955

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KAREN 34yr old 5ft 7ins attractive green eyed brunette looking for special honest, genuine, caring male also looking for a ltr without stress. Tel No: 0906 500 6358 Box No: 411043

MARIE 37yrs slim attractive caring, likes meals in/out, cinema, tennis, keeping fit/active, WLTM fun loving, reliable man for friendship leading to more. Tel No: 0906 500 6358 Box No: 411037

SOPHIE 27yr old nursing assistant with no ties looking for discreet adult fun times with tall attractive guy 35-42yrs. GSOH essential. Tel No: 0906 500 6358 Box No: 410171

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CATHY very much lady seeks gent up to 62yrs who would appreciate an independent professional sassy female who loves to be wined, dined and romanced. Tel No: 0906 500 6358 Box No: 409109

MARIE 37yrs slim attractive caring, likes meals in/out, cinema, tennis, keeping fit/active, WLTM fun loving, reliable man for friendship leading to more. Tel No: 0906 500 6358 Box No: 408495

MID naughty forties female looking fun, thrills and discreet meets, give me a call, you won't be disappointed. Any age with own accommodation. Tel No: 0906 500 6358 Box No: 409109

ANITA very attractive black female, seeking mature white/Asian man to enjoy uncomplicated relationship with no ties. Any age, pls contact me, I'm very lonely. Tel No: 0906 500 6358 Box No: 408505

LINDA mature female bored of being single, blonde, attractive, green eyes, looking for good times with fun outgoing male with a spring in his step. Tel No: 0906 500 6358 Box No: 409253

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SHARON very attractive British black lady, sexy size 6 looking for white male to fall in love with. Beautiful people can be lonely too. Tel No: 0906 500 6358 Box No: 409263

SUE young looking slim attractive blue eyed 37yr old female with wicked sense of humour looking for fun times, if you feel the same call me. Tel No: 0906 500 6358 Box No: 409099



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JOE JR IS A KNOCKOUT

Young boxer, 14, crowned London North East junior champ

By Matthew Stanton

waltham@yellowad.co.uk

AN AMATEUR boxer has been crowned London North East junior champion.

Joe Payne Jnr, of Waltham Forest Amateur Boxing Club, in Chingford, was crowned winner of the under-70 kilos tournament at E4 Fitness gym in Highams Park.

The 14-year-old, from Loughton, has improved his fitness recently by pulling on his running trainers and it proved the difference in a close final against Lion Club's Michael McDonagh.

The two opening rounds were close but the Trinity Catholic School pupil went to work in the final session to secure a majority

decision from the judges.

Waltham Forest ABC secretary Ian Cuddy said: "I am absolutely delighted with Joe and it's great to have another champion in our stable."

"He has been working really hard in the gym with coaches Ken Oram and Chris Baker and has also been out running regularly and I think that was the difference on the night."

"It was a really close bout and it could have gone either way, but I think Joe's fitness paid off in the end, as he just edged the third round which got him the verdict."

Payne has been handed a walk over in the London final and now progresses to the National Junior Cadet quarter-finals in a few weeks' time in Essex.



FIGHT: Joe Payne Jr with his trophies

Photo by Martin Dalton

Brown sees red as Blues throw away chance

Southend United

**Southend United 2
Wycombe Wanderers 2**
Brian Jeeves reporting from Roots Hall Stadium

SOUTHEND United boss Phil Brown was left a frustrated man after his charges passed up a series of chances to claim maximum point from this entertaining Sky Bet League Two encounter.

Southend struck first in the 14th minute when Joe Pigott wriggled clear but was thwarted by Wycombe keeper Matt Ingram, fortunately Barry Corr was on hand to head home the rebound, via the underside of the crossbar,

Wycombe looked for a quick response. Steven Craig was snubbed out by Luke Prosser's last ditch challenge, this after Sido Jombati and Sam Saunders had constructed the opening from the right. At the other end, Ingram did well to claw out Kevan Hurst's teasing centre.

But Wycombe are in the promotion mix for a reason, and just before the half-hour mark Craig leveled.

Both teams were clearly in the mood, and the entertaining nature of the contest continued with Worrall offering the home side's best attacking option, while Craig and



SAVE: Wycombe's Matt Ingram under pressure Photo by Dave Montier

Ingram with a crisp finish to claim his, and the Blues, second of the afternoon.

Wycombe were rocking, and minutes later Blues should have wrapped it up the Hurst's close range effort was blocked by Jombati, but the former Walsall man was wayward with his follow-up.

Blues passed up a glorious opportunity when an unmarked Adam Thompson headed Ben Coker's flag-kick wide.

They continued to ask the stern questions and on the hour they took the lead. Leonard picked out Corr, and the big Irishman beat

game was better than Wycombe, but you've got to take your hat off to them. You can't gift goals the way we did, and not score the chances that we created."

He added: "They could have nicked all three points with the referee's decisions. Sometimes it's bewildering. We've absolutely thrown away two points."

Chairboys' manager Gareth Ainsworth said: "We didn't play too well today but we've got a point and that's the sign of a decent side."

Blues look to close the gap on the automatic promotion spots with a trip to the London Borough of Barking and Dagenham Stadium to face Dagenham and Redbridge on Saturday.

Southend United: Ted Smith, John White, Ben Coker, Adam Thompson, Luke Prosser, David Worrall, Michael Timlin, Barry Corr, Kevan Hurst (Jack Payne), Ryan Leonard, Joe Pigott (Myles Weston). Subs: Daniel Bentley, Jack Payne, Gary Deegan, Jerome Binnom-Williams, Jake Cassidy.

Wycombe Wanderers: Matt Ingram, Sido Jombati, Joe Jacobson, Aaron Pierre, Paul Hayes, Nico Yennaris, Sam Sanders (Hogan Ephraim), Matt Bloomfield (Peter Murphy), Sam Wood, Steven Craig (Aaron Holloway), Alfie Mawson. Subs: Barry Richardson, Danny Rowe, Marcus Bean.

Referee: Tim Robinson

Assistants: Andrew Newbold and Nicholas Cooper

Fourth Official: Daniel Robathan

Attendance: 6,204

Non-league round-up

Biggest crowd watch Concord

by Brian Jeeves

VANARAMA Conference South outfit Concord Rangers enjoyed a successful day on and off the pitch. Their match with St Albans City was designated a club Community Day with a season's best crowd of 675 taking advantage of free admission at the Aspect Arena.

And it proved to be a good day for the home fans as a brace from Taylor Miles along with a Sam Collins strike earned an impressive 3-1 victory. Excited spectators also grabbed an opportunity to have their photograph taken with the Barclays Premier League Trophy that was on display as part of the event.

The success didn't end there as the club raised valuable funds for their charity, The Indee Rose Trust, who provides treasure boxes to children who have been diagnosed with brain or spinal tumors. Concord Chairman Antony Smith told *Yellow Sport*: "It was excellent all round with close to 700 watching and supporting the club and the Indee Rose Trust".

Elsewhere in the South Division Chelmsford City were denied maximum points against Basingstoke Town at the Melbourne Stadium after Manny Williams converted a late penalty for the visitors. Michael Cheek had fired the Clarets into a first half lead with his 23rd goal of the season.

In the Premier Division a second half penalty from Kenny Davies earned Braintree Town a vital 1-0 win over Gateshead at the Miles Smith Stadium.

Billericay Town were the region's big winners in the Ryman Premier League. Goals from Rowan Liburd, Ricky Sappleton, Glenn Poole and Liam Nash earned the Blues a thumping 4-1 win over relegation haunted Bury Town at New Lodge. Grays Athletic had to settle for a point after Stuart Boardley's 89th minute goal snatched a point for visitors Leiston. Dumebi Dumaka had earlier given Grays the lead.

Carl Rook's second half goal condemned Canvey Island to a single goal defeat at Leatherhead, and AFC Hornchurch went down 2-1 at Witham Town, George Purcell with the Urchins goal from the penalty spot.

In Division One North former Canvey striker Jason Hallett grabbed four goals as Waltham Abbey hammered Barkingside 5-0 at Station Road. Darelle Russell was also on target for the visitors. Brentwood Town won at Maldon & Tiptree by the odd goal in three, while Romford saw off Chatham Town by three goals to one. Theo Ola was on target for Aveley, but the Millers crashed 3-1 at Harlow Town, and there was another setback for bottom of the table Burnham Ramblers who went down 3-2 to Brightlingsea Regent at Leslie Field.

Thurrock played out an entertaining 2-2 draw at Thamesmead Town, and it was all square between Ware and Redbridge who drew 1-1.

There were no goals at Chadfields, but Adam Seal was the hero for Great Wakering Rovers, saving Tom Wood's penalty as the villagers held on for a valuable point against Tilbury.

Selected action from the Essex Senior League saw high flying Bowers & Pitsea draw 0-0 with leaders Barking. Hullbridge Sports edged out Newham 2-0, while Tower Hamlets won 1-0 against Clapton at the Old Spotted Dog.

Basildon United were held 1-1 at home by Waltham Forest, and there was a rip-roaring 2-2 draw at Southchurch Park Arena between Southend Manor and London Greenhouse.

Top scorers in the ProKit UK Essex Olympian League Premier Division were Wadham Lodge, who hit five without reply past Manford Way, and there was a 4-2 triumph for Rayleigh Town at Newham United.



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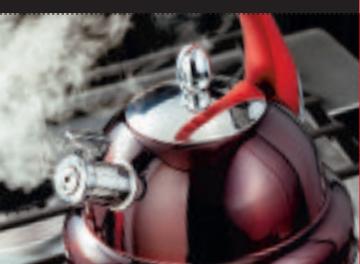
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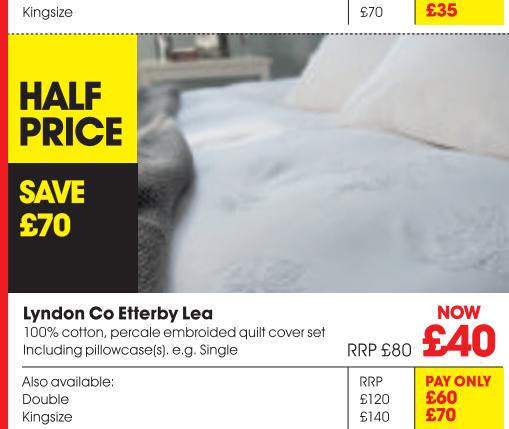
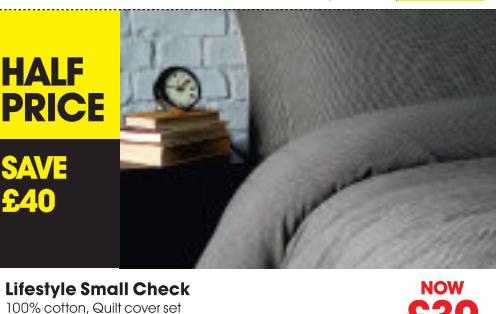
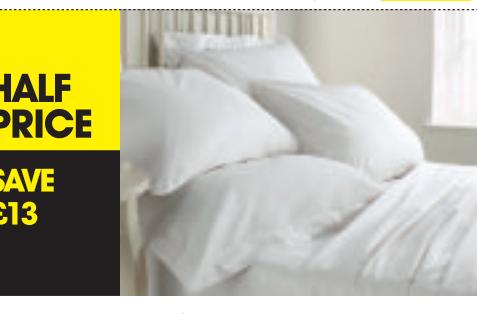
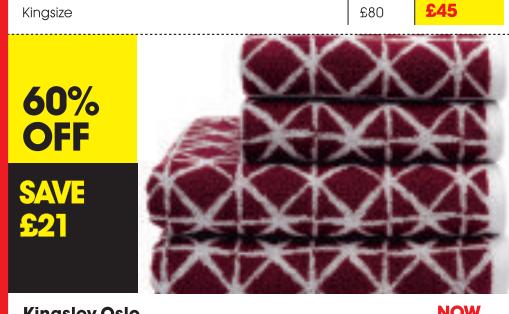
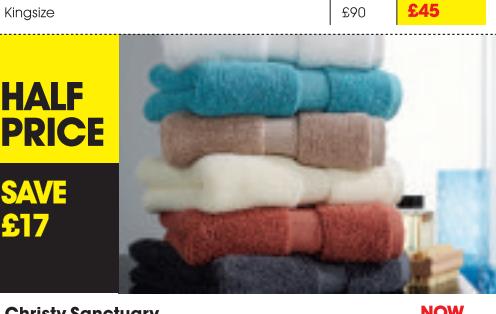
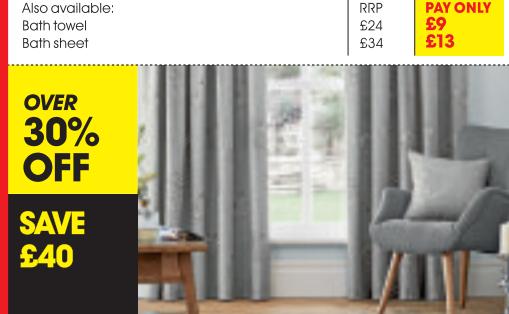


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